

# THOMAS YOUM, MD, FACS

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## **EDUCATION**

**New York University School of Medicine, New York, NY** **1995-1999**  
Doctor of Medicine

**Yale University, New Haven, CT** **1991-1995**  
Bachelor of Arts, History  
*Cum Laude*

## **POSTGRADUATE TRAINING**

**Kerlan-Jobe Orthopaedic Clinic, Los Angeles, CA** **2004-2005**  
Fellowship, Sports Medicine

**Hospital for Joint Diseases, New York, NY** **2000-2004**  
Residency, Orthopedic Surgery

**Harborview Hospital, Seattle, WA** **2003**  
Four month trauma rotation, Orthopedic Surgery

**New York University Medical Center, New York, NY** **1999-2000**  
Internship, General Surgery

## **HONORS AND AWARDS**

### ***Postgraduate:***

**Teacher of the Year, NYU Hospital for Joint Diseases** **2008-2009**

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### **Medical School:**

**Alpha Omega Alpha, Delta Chapter, NYU, School of Medicine** 1999-present

### **Undergraduate:**

**Distinction in Major, History, Yale University** 1995

**Yale Presidential Community Service Award, Yale University** 1993&1994

**National Science Foundation Fellowship, Hospital for Joint Diseases** 1993

**Directed Studies Scholar, Yale University** 1991

### **High School:**

**Westinghouse Science Talent Competition Semi-Finalist** 1991

## **ACADEMIC APPOINTMENTS**

**Clinical Assistant Professor, NYU School of Medicine – 2005 to present**

## **HOSPITAL APPOINTMENTS**

**Attending Physician, NYU Hospital for Joint Diseases – 2005 to present**

**Consulting Physician, NY Manhattan VA Hospital – 2005 to present**

## **PROFESSIONAL LICENSURE AND CERTIFICATION**

### **NEW YORK STATE**

LICENSE #219451-1

EXPIRES: 31 March, 2013

### **AMERICAN BOARD OF ORTHOPAEDIC SURGERY**

BOARD CERTIFIED

### **CARTICEL IMPLANTATION (GENZYME)**

CERTIFIED: December, 2004

### **BASIC LIFE SUPPORT**

CERTIFIED: April, 2006

### **ADVANCED CARDIAC LIFE SUPPORT**

CERTIFIED: June, 1999

## **PUBLICATIONS**

1. Strauss EJ, Fonseca LE, Shah MR, Youm T. **Management of focal cartilage defects in the knee: Is ACI the answer?** *Bulletin of the NYU Hospital for Joint Diseases*. 2011; 69(1): 63-72.
2. Ruchelsman DE, Hall MP, Youm T. **Osteochondritis Dissecans of the Capitellum: Current Concepts**. *Journal of the American Academy of Orthopaedic Surgeons*. 2010 SEP;18(9):557-567.
3. Kaplan K, Shah MR, Youm T. **Femoroacetabular Impingement: Diagnosis and Treatment**. *Bulletin of the NYU Hospital for Joint Diseases*. 2010; 68(2): 70-5.
4. Youm T, ElAttrache NS, Tibone JE, McGarry MH, Lee TQ. **The effect of the long head of the biceps on glenohumeral kinematics**. *Journal of Shoulder & Elbow Surgery*. 2009; 18: 122.
5. Gruson KI, Ilalov K, Youm T. **A broken scalpel blade tip: an unusual complication of knee arthroscopy**. *Bulletin of the NYU Hospital for Joint Diseases*. 2008; 66: 54.
6. Youm T, Tibone JE, Elattrache NS, McGarry MH, Lee TQ. **Simulated type II superior labral anterior posterior lesions do not alter the path of glenohumeral articulation: A cadaveric biomechanical study**. *American journal of sports medicine*. 2008; 36: 767.
7. Frank JB, Youm T, Meislin RJ, Rokito AS. **Posterolateral corner injuries of the knee**. *Bulletin of the NYU Hospital for Joint Diseases*. 2007; 65: 106.
8. Trygesstad K, Youm T, Koval K. **The orthopedic management of decubitus ulcers around the proximal femur**. *American Journal of Orthopedics*. 2006 Jul; 35(7): 316-21.

9. Youm T, Matthews PV, ElAttrache NS. **Treatment of Spinoglenoid Cysts Associated with Superior Labral Tears without Cyst Aspiration, Debridement, or Excision.** *Arthroscopy.* 2006 May; 22(5): 548-52.
10. Youm T, Murray D, Rokito A, Zuckerman JD. **Arthroscopic vs. Mini-open rotator cuff repair: a comparison of clinical outcomes and patient satisfaction.** *Journal of Shoulder and Elbow Surgery.* 2005 Sep-Oct; 14(5):455-9.
11. Youm T, Maurer SG, Stuchin SA. **Post-operative management after total hip and knee arthroplasty.** *Journal of Arthroplasty.* 2005 Apr; 20(3):322-4.
12. Youm T, Hommen JP, Ong BC, Chen AL. **Os acromiale: evaluation and treatment.** *American Journal of Orthopedics.* 2005 Jun; 34(6):277-283.
13. Youm T, Chen AL. **Discoid lateral meniscus: evaluation and treatment.** *American Journal of Orthopedics.* 2004 May; 33(5):234-8.
14. Pavone V, Youm T, Baldini T, Rimnac C, Wright T, Sculco TP. **Bilateral cobalt alloy femoral component fracture: a case report.** *American Journal of Orthopedics.* 2004 April; 33(4):185-9.
15. Chen AL, Youm T, Ong BC, Rafii M, Rokito AS. **Imaging of the elbow in the overhead throwing athlete.** *American Journal of Sports Medicine.* 2003 May-Jun; 31(3):466-73.
16. Youm T, Bosco J. **Clinical Cases: Lateral Discoid Meniscus.** *Medscape Orthopaedics & Sports Medicine* 7(1) 2003 @ 2003 Medscape.
17. Youm T, Koval KJ, Zuckerman JD. **Effect of previous cerebrovascular accident on outcome after hip fracture.** *Journal of Orthopedic Trauma.* 2000 Jun-Jul; 14(5):329-34.

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18. Youm T, Koval KJ, Zuckerman JD. **The economic impact of geriatric hip fractures.** *American Journal of Orthopedics*. 1999 Jul; 28(7):432-8.
19. Youm T, Margiotta M, Kasabian A, Karp N. **Complications of tissue expansion in a public hospital.** *Annals of Plastic Surgery*. 1999 Apr; 42(4):397-401.
20. Youm T, Koval KJ, Kummer FJ, Zuckerman JD. **Do all hip fractures result from a fall?** *American Journal of Orthopedics*. 1999 Mar; 28(3):190-4.
21. Rosenberg AD, Youm T, Koval K, Orbeta R, Soberano T, Hoek EV – Abstract. **The safety of reinfusing unwashed wound drainage in the PACU.** *Anesthesia and Analgesia*, 1998;86:S177.

### **PRESENTATIONS**

1. Youm T, Ward J, Albert D, Altman R, Rosenberg A, Cuff G, Goldstein R. Femoral nerve blocks are effective for post-operative pain control after hip arthroscopy. *Podium presentation Annual meeting of the American Academy of Orthopaedic Surgeons. San Francisco, CA 2012.*
2. Youm T, Ward J, Albert D, Altman R, Rosenberg A, Cuff G, Goldstein R. **Femoral nerve blocks are effective for post-operative pain control after hip arthroscopy.** *Podium presentation Annual scientific meeting of the International Society for Hip Arthroscopy. Paris, France 2011.*
3. Ward J, Youm T, Albert D, Altman R, Rosenberg A, Cuff G, Goldstein R. **Femoral nerve blocks are effective for post-operative pain control after hip arthroscopy.** *Podium presentation Annual meeting of the Eastern Orthopaedic Association. Williamsburg, VA 2011.*
4. Youm T, ElAttrache NS, Tibone JE, McGarry M, Lee TQ. **Loading the biceps affects glenohumeral rotational range of motion, translation, and kinematics.** *Poster*

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*presentation. Fellows competition at the annual meeting of the Arthroscopy Association of North America. Hollywood, FL 2006.*

5. Youm T, ElAttrache NS, Tibone JE, McGarry M, Lee TQ. **Loading the biceps affects glenohumeral rotational range of motion, translation, and kinematics.** *Podium presentation. Orthopaedic Research Society, Chicago, IL 2006.*

6. Youm T, ElAttrache NS, Tibone JE, McGarry M, Lee TQ. **Type II SLAP Lesions Do Not Alter the Path of Glenohumeral Articulation.** *Poster presentation. Orthopaedic Research Society, Chicago, IL 2006.*

7. Youm T, ElAttrache NS, Tibone JE, McGarry M, Lee TQ. **Loading the biceps affects glenohumeral rotational range of motion, translation, and kinematics.** *Poster presentation. Annual meeting of the American Orthopaedic Society for Sports Medicine, Chicago, IL 2006.*

8. Bosco J, Youm T. **Willingness of patients to pay for anterior cruciate ligament reconstruction.** *Poster presentation. Annual meeting of the American Orthopaedic Society for Sports Medicine, Chicago, IL 2006.*

9. Youm T. **The effect of the long head of the biceps vs. the superior labrum on glenohumeral rotational range of motions, translations, and kinematics.** *Presentation. Kerlan-Jobe Annual Alumni Meeting, Keystone, CO 2005.*

10. Youm T, Murray D, Rokito A, Zuckerman JD. **Outcome and patient satisfaction of arthroscopic rotator cuff repair vs. mini-open rotator cuff repair: medium term follow-up.** *Paper presentation. Annual meeting of the American Academy of Orthopaedic Surgeons, San Francisco, CA, 2004.*

11. Youm T. **Anterior cruciate ligament graft fixation.** *Grand rounds presentation. NYU-Hospital for Joint Diseases Department of Orthopedic Surgery, 2004.*

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12. Youm T, Murray D, Rokito A, Zuckerman JD. **Outcome and patient satisfaction of arthroscopic rotator cuff repair vs. mini-open rotator cuff repair: medium term follow-up.** *Poster presentation. Annual meeting of the American Orthopaedic Society for Sports Medicine, Quebec City, Canada 2004.*
13. Youm T, Murray D, Rokito A, Zuckerman JD. **Outcome and patient satisfaction of arthroscopic rotator cuff repair vs. mini-open rotator cuff repair: medium term follow-up.** *Poster presentation. Closed meeting of the American Shoulder and Elbow Society, Chicago, IL 2003.*
14. Liporace F, Youm T, Rose D. **Weight-bearing thigh-foot angle and its relationship to non-contact tears of the ACL.** *Scientific paper presentation. American Orthopaedic Society for Sports Medicine, forum on "Neuromuscular and biomechanical factors in the genesis and prevention of non-contact ACL injuries," Orlando, FL 2002.*
15. Rosenberg AD, Youm T, Koval KJ, Orbeta R, Soberano T, Hoek EV. **The safety of reinfusing unwashed wound drainage in the PACU.** *Poster presentation. Annual meeting of the American Academy of Orthopaedic Surgeons, Anaheim, CA, 1999.*
16. Zuckerman JD, Youm T, Gina Aharanoff, Koval KJ. **The outcome after hip fracture: the effect of stroke.** *Poster presentation. Annual meeting of the American Academy of Orthopaedic Surgeons, Anaheim, CA, 1999.*
17. Youm T, Margiotta M, Kasabian A, Karp N. **Complications of tissue expansion in a public hospital.** *Scientific paper presentation. Northeastern Society of Plastic Surgeons, Newport, RI 1998.*

### **ACTIVITIES**

**Steering Committee, NYU Ambulatory Surgery Center**

**2010-2011**

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*Member*

**Education Committee, NYU Hospital for Joint Diseases** 2007-2009

*Member*

**Korean American Medical Practitioners of NY (KAMPANY)** 2006-2007

*Secretary*

**Flushing High School Football, Flushing, NY** 2006-2009

*Team Physician*

**Los Angeles Dodgers, Santo Domingo, Dominican Republic** 2005

*Team Physician*

**Los Angeles Lakers, Los Angeles, CA** 2004-2005

*Team Physician, KJOC Sports Fellowship*

**Los Angeles Sparks, Los Angeles, CA** 2004-2005

*Team Physician, KJOC Sports Fellowship*

**Los Angeles Dodgers, Los Angeles, CA** 2004-2005

*Team Physician, KJOC Sports Fellowship*

**USC Football, Los Angeles, CA** 2004-2005

*Team Physician, KJOC Sports Fellowship*

**Los Angeles Avengers, Los Angeles, CA** 2004-2005

*Team Physician, KJOC Sports Fellowship*

**Los Angeles Galaxy, Los Angeles, CA** 2004-2005

*Team Physician, KJOC Sports Fellowship*

**New York Mets, New York, NY** 2001-2004

*Stadium Physician*

**New York City High School Football, New York, NY** 2000-2004

*Staff Physician*

**Alvin Ailey Dance Theater, New York, NY** 2000-2004

*Staff Physician*

**New York City Marathon, New York, NY** 2000

*Medical Volunteer*

## **ASSOCIATIONS**

## THOMAS YOUM, M.D.

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**Fellow**, American Academy of Orthopaedic Surgeons

**Fellow**, American College of Surgeons

**Member**, International Society for Hip Arthroscopy

**Member**, Arthroscopy Association of North America

**Member**, American Orthopaedic Society for Sports Medicine

**Member**, Medical Society County of New York

**Member**, Korean American Medical Practitioners of NY (KAMPANY)