



**Hospital for Joint Diseases**  
NYU LANGONE MEDICAL CENTER

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ONLY NOTICE

Current Concepts  
In the Treatment of  
**Rotator  
Cuff Tears**

**Saturday, November 6, 2010**  
NYU Hospital For Joint Diseases  
Loeb Auditorium

Register Online at: <http://cme.med.nyu.edu/rotator>

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 **Hospital for Joint Diseases**  
NYU LANGONE MEDICAL CENTER

Sponsored by the NYU Post-Graduate Medical School

# Current Concepts In the Treatment of Rotator Cuff Tears

## CME Information

### TARGET AUDIENCE

Attending orthopaedic surgeons, fellows, residents, medical students, physical therapists, and primary care physicians.

### COURSE DESCRIPTION/STATEMENT OF NEED

The treatment of rotator cuff tears has evolved dramatically over the past several years. Arthroscopic repair techniques have improved significantly and to the point where clinical outcomes rival those achieved through open surgery. This half-day program will focus on the most up-to-date information on the treatment of rotator cuffs from the basic science, clinical assessment, and surgical options, to post-op rehabilitation and outcomes. It will include live feed surgical demonstrations of new techniques including double row arthroscopic rotator cuff repairs and reverse shoulder arthroplasty so that the practicing orthopaedic surgeon can achieve better clinical outcomes.

### LEARNING OBJECTIVES

- Describe surgical options for rotator cuff tears - with emphasis on arthroscopic techniques, including single VS. double row repairs, suture bridge or transosseous equivalent techniques, and reverse shoulder arthroplasty.
- Review current techniques discussed within the literature, including double row arthroscopic rotator cuff repairs, which simulate traditional open transosseous repairs, as well as the use of growth factors to enhance rotator cuff healing, and strategies to apply them to practice.
- Select patients who will have predictable, positive outcomes from rotator cuff surgery based on imaging studies and other diagnostic tools
- Create strategies to address patient concerns and provide appropriate surgical expectations following surgery.

## Course Faculty

### COURSE DIRECTORS

#### Laith Jazrawi, MD

Assistant Professor of Orthopaedic Surgery  
NYU School of Medicine  
Chief, Division of Sports Medicine  
Director, Surgical Skills Lab  
Director, Sports and Shoulder  
/Elbow Research Lab  
NYU Hospital for Joint Diseases  
New York, NY

#### Andrew S. Rokito, MD

Chief, Division of Shoulder and  
Elbow Surgery  
Assistant Professor of  
Orthopaedic Surgery  
NYU School of Medicine  
NYU Hospital for Joint Diseases  
New York, NY

### GUEST FACULTY

#### Christopher S. Ahmad, MD

Associate Professor  
Columbia University College of  
Physicians and Surgeons  
New York, NY

#### Evan L. Flatow, MD

Lasker Professor of Orthopaedic Surgery  
Mount Sinai School of Medicine  
New York, NY

#### James N. Gladstone, MD

Associate Professor of  
Orthopaedic Surgery  
Mount Sinai School of Medicine  
New York, NY

## General Information

### NYU SCHOOL OF MEDICINE/ HOSPITAL FOR JOINT DISEASES

#### Brigid M. Dunne, PT, DPT, OCS

Senior Physical Therapist  
Orthopaedic and Sports Physical Therapy

#### Ramesh Gidumal, MD

Clinical Assistant Professor of  
Orthopaedic Surgery

#### Young W. Kwon, MD, PhD

Assistant Professor of Orthopaedic Surgery

#### Leon D. Rybak, MD

Assistant Professor of Radiology  
NYU School of Medicine  
Acting Section Chief,  
Musculoskeletal Radiology  
NYU Hospital for Joint Diseases

#### LOCATION

NYU Hospital for Joint Diseases  
Loeb Auditorium  
301 East 17th Street, New York, NY 10003

#### ONLINE REGISTRATION PREFERRED

Applications will be accepted in order of their receipt.  
Visit our secure website <http://cme.med.nyu.edu/rotator> to  
submit online registration.

#### Mailing Address and Contact Information

Registration Office - NYU Post-Graduate Medical School  
P. O. Box 1855, Murray Hill Station, New York, NY 10016  
Phone: 212-263-5295 Fax: 212-263-5293  
Please Note: We cannot accept telephone registration.

**Accreditation Statement** - The NYU Post-Graduate Medical School  
is accredited by the Accreditation Council for Continuing Medical Education  
to provide continuing medical education for physicians.

**Credit Designation Statement** - The NYU Post-Graduate Medical School  
designates this educational activity for a maximum of 4.75 *AMA PRA Category 1  
Credits™*. Physicians should only claim credit commensurate with  
the extent of their participation in the activity.

**Disclosure Statement** - The NYU Post-Graduate Medical School adheres to the  
ACCME Essential Areas and policies, including the Standards for Commercial  
Support, regarding industry support of continuing medical education. In order to  
resolve any identified Conflicts of Interest, disclosure information is provided  
during the planning process to ensure resolution of any identified conflicts.  
Disclosure of faculty and commercial relationships as well as the discussion of  
unlabeled or unapproved use of any drug, device or procedure by the faculty will  
be fully noted at the meeting.

**Parking** - Street parking in Manhattan is very limited. There are many parking garages  
located in the vicinity of the hotels and NYU Hospital for Joint Diseases.

**Hotel Accommodations** - Rooms are in very heavy demand in New York City;  
we urge you to make your reservations early. You may obtain a list of  
hotels located near NYU School of Medicine by visiting our website,  
<http://cme.med.nyu.edu/travel/hotels-lodging>

#### Orrin H. Sherman, MD

Associate Professor of  
Orthopaedic Surgery

#### Drew A. Stein, MD

Assistant Clinical Professor of  
Orthopaedic Surgery

#### Eric J. Strauss, MD

Assistant Professor of  
Orthopaedic Surgery

#### Thomas Youm, MD

Clinical Assistant Professor of  
Orthopaedic Surgery

#### Joseph D. Zuckerman, MD

Professor and Chair  
Department of Orthopaedic Surgery

## Course Program

6:15 am	Registration and Continental Breakfast
7:25	Welcome and Introduction <b>Andrew S. Rokito, MD and Laith Jazrawi, MD</b>
7:30	Imaging of the Rotator Cuff – Ultrasound, MRI <b>Leon D. Rybak, MD</b>
7:45	Indications for Rotator Cuff Repair – Patient Selection <b>Andrew S. Rokito, MD</b>
8:00	Mini-Open Rotator Cuff Repair – Transition to Arthroscopic Repair <b>Ramesh Gidumal, MD</b>
8:15	Arthroscopic Rotator Cuff Repair – Single-Row Technique <b>Orrin H. Sherman, MD</b>
8:30	Arthroscopic Rotator Cuff Repair – Double-Row Technique <b>Christopher S. Ahmad, MD</b>
8:45	Coffee Break
9:00	Live Video Demonstration <b>Moderators: Andrew Rokito, MD and Laith Jazrawi, MD</b>
	Tear Recognition, Mobilization, Releases <b>Evan L. Flatow, MD</b>
9:30	Arthroscopic Subscapularis Repair <b>Eric J. Strauss, MD</b>
9:45	Arthroscopic Treatment of Partial-Thickness Tears <b>Thomas Youm, MD</b>
10:00	Biceps Tendon Lesions - Tenotomy vs. Tenodesis <b>James N. Gladstone, MD</b>
10:15	Live Video Demonstration <b>Moderators: Andrew S. Rokito, MD and Eric J. Strauss, MD</b>
	Double-Row Arthroscopic Rotator Cuff Repair <b>Laith Jazrawi, MD</b>
10:45	Break
11:00	Biologic Considerations in Rotator Cuff Repair <b>Laith Jazrawi, MD</b>
11:15	Tendon Transfers for Rotator Cuff Insufficiency <b>Young W. Kwon, MD, PhD</b>
11:30	Arthroplasty for Rotator Cuff Insufficiency <b>Joseph D. Zuckerman, MD</b>
11:45	Post-Operative Considerations – Physician Perspective <b>Drew A. Stein, MD</b>
12:00 pm	Post-Operative Considerations – Physical Therapist Perspective <b>Brigid M. Dunne, PT, DPT, OCS</b>
12:15	Wrap-Up – Questions and Answers, Final Remarks <b>Andrew S. Rokito, MD and Laith Jazrawi, MD</b>
12:30	Adjourn

## Registration Form

### Current Concepts in the Treatment of Rotator Cuff Tears #013

NYU Hospital for Joint Diseases - November 6, 2010

Register online at <http://cme.med.nyu.edu/rotator>

PLEASE PRINT INFORMATION CLEARLY IN BLOCK LETTERS & NUMBERS

Name \_\_\_\_\_

First M.I. Last

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Day Phone ( ) \_\_\_\_\_ Fax ( ) \_\_\_\_\_

E-mail \_\_\_\_\_

Degree \_\_\_\_\_ Specialty \_\_\_\_\_

**On-site registrants will incur an additional \$20 charge.**

**Course Confirmation:** Please supply your e-mail address to receive a confirmation  
letter. Written confirmation will not be mailed. Make sure your e-mail address is  
clearly written.

**COURSE FEE: Full Fee Physicians: \$200 Reduced Fee: \$100\***

\*Reduced fee applies to physicians-in-training with letter of certification from Chief of  
Service; NYU School of Medicine alumni, former residents and fellows; M.D.s employed  
by the Department of Veteran's Affairs Medical Center; full-time active military personnel;  
nurse practitioners and all other non-M.D. healthcare professionals.  
Eligibility for reduced fee must be indicated below.

**METHODS OF PAYMENT:** (Cash and phone registration are not accepted)  
If faxing, do not mail or refax. This will only result in a duplicate charge to your account.

**Check** in U.S. Dollars only \$ \_\_\_\_\_ **Make check payable to:**  
NYU Post-Graduate Medical School

**Credit Card Payment** (see below)

**International Postal Money Order** \$ \_\_\_\_\_ **Send to:** Registration Department  
(Foreign registrants, including those NYU Post-Graduate Medical School  
from Canada, must pay by International P.O. Box 1855, Murray Hill Station  
Postal Money Order or credit card.) New York, N.Y. 10016

**PAYMENT BY CREDIT CARD:** Credit card payments may be faxed to (212) 263-5293.

**Amount to be charged:** \$ \_\_\_\_\_

Bill To:  Visa  MasterCard  American Express

Credit Card Number \_\_\_\_\_

Expiration Date \_\_\_\_\_ CVC Code \_\_\_\_\_

Card Member's Name \_\_\_\_\_

Signature \_\_\_\_\_

**Refund Policy:** An administrative charge of 30% of your tuition payment will be assessed  
for cancellations prior to October 23, 2010. Cancellations must be in writing and  
postmarked no later than the above date (faxes and e-mails are not accepted).  
Cancellations will not be accepted after the above date.

**Course Cancellation Policy:** In the unusual circumstance that this course is cancelled,  
two weeks notice will be given and tuition will be refunded in full. The NYU Post-  
Graduate Medical School is not responsible for any airfare, hotel or other costs incurred.

Special needs or requests: \_\_\_\_\_