

# THOMAS YOUM, MD, FACS

1056 Fifth Avenue  
New York, NY 10028  
Office: (212)348-3636  
Fax: (212)410-3338  
thomas.youm@nyumc.org  
www.yoummd.com

---

## **EDUCATION**

**New York University School of Medicine, New York, NY** **1995-1999**  
Doctor of Medicine

**Yale University, New Haven, CT** **1991-1995**  
Bachelor of Arts, History  
*Cum Laude*

## **POSTGRADUATE TRAINING**

**Kerlan-Jobe Orthopaedic Clinic, Los Angeles, CA** **2004-2005**  
Fellowship, Sports Medicine

**Hospital for Joint Diseases, New York, NY** **2000-2004**  
Residency, Orthopedic Surgery

**Harborview Hospital, Seattle, WA** **2003**  
Four month trauma rotation, Orthopedic Surgery

**New York University Medical Center, New York, NY** **1999-2000**  
Internship, General Surgery

## **HONORS AND AWARDS**

### ***Postgraduate:***

**Teacher of the Year, NYU Hospital for Joint Diseases** **2011-2012**  
**Teacher of the Year, NYU Hospital for Joint Diseases** **2008-2009**

### ***Medical School:***

## THOMAS YOUM, M.D.

---

**Alpha Omega Alpha, Delta Chapter, NYU, School of Medicine** 1999-present

### ***Undergraduate:***

**Distinction in Major, *History*, Yale University** 1995

**Yale Presidential Community Service Award, Yale University** 1993&1994

**National Science Foundation Fellowship, Hospital for Joint Diseases** 1993

**Directed Studies Scholar, Yale University** 1991

### ***High School:***

**Westinghouse Science Talent Competition Semi-Finalist** 1991

## **ACADEMIC APPOINTMENTS**

**Clinical Assistant Professor, NYU School of Medicine – 2005 to present**

## **HOSPITAL APPOINTMENTS**

**Attending Physician, NYU Langone Orthopedic Hospital – 2005 to present**

**Consulting Physician, NY Manhattan VA Hospital – 2005 to 2014**

## **PROFESSIONAL LICENSURE AND CERTIFICATION**

### **NEW YORK STATE**

LICENSE #219451-1

EXPIRES: 31 March, 2021

### **AMERICAN BOARD OF ORTHOPAEDIC SURGERY**

BOARD CERTIFIED

### **CARTICEL IMPLANTATION (GENZYME)**

CERTIFIED: December, 2004

### **BASIC LIFE SUPPORT**

CERTIFIED: April, 2006

### **ADVANCED CARDIAC LIFE SUPPORT**

CERTIFIED: June, 1999

## **PUBLICATIONS**

1. Samim M, Eftekhary N, Vigdorichik JM, Elbuluk A, Davidovitch R, Youm T, Gyftopoulos S. **3D-MRI versus 3D-CT in the evaluation of osseous anatomy in femoroacetbular impingement using Dixon 3D FLASH sequence.** *Skeletal Radiol.* 2019 Mar;48(3):429-436.

## THOMAS YOUM, M.D.

---

2. Samim M, Youm T, Burke C, Meislin R, Vigdorichik J, Gyftopoulos S. **Hip arthroscopy-MRI correlation and differences for hip anatomy and pathology: What radiologists need to know.** *Clin Imaging.* 2018 Nov – Dec;52:315-327.
3. Ryan MK, Youm T, Vigdorichik JM. **Beyond the Scope Open Treatment of Femoroacetabular Impingement.** *Bull Hosp Jt Dis (2013).* 2018 Mar;76(1):47-54
4. Youm T. **Editorial Commentary: Wanted Dead or Alive: Primary Allograft Labral Reconstruction of the Hip Is As Successful, if Not More Successful, Than Primary Labral Repair.** *Arthroscopy.* 2018 Feb;34(2):441-443.
5. Shenoy K, Dai AZ, Mahure SA, Kaplan DJ, Capogna B, Youm T. **Arthroscopic Repair of Hip Labrum With Suture Anchors.** *Arthrosc Tech.* 2017 Nov 13;6(6):e2143-e2149.
6. Kester BS, Capogna B, Mahure SA, Ryan MK, Mollon B, Youm T. **Independent Risk Factors for Revision Surgery or Conversion to Total Hip Arthroplasty After Hip Arthroscopy: A Review of a Large Statewide Database From 2011 to 2012.** *Arthroscopy.* 2018 Feb;34(2):464-470.
7. Capogna B, Hamula M, Begly J, Wolfson T, Looze C, Ryan MK, Youm T. **Independent risk factors for poor outcome after hip arthroscopy.** *Orthopaedic Journal of Sports Medicine.* 2017 Conference:(2017)
8. Mahure S, Ryan MK, Buckland A, Hamula M, Begly J, Capogna B, Looze C, Chenard K, Youm T. **Concomitant lumbar spine pathology in patients undergoing hip arthroscopy: A matched cohort analysis.** *Orthopaedic Journal of Sports Medicine.* 2017 Conference:(2017)
9. Dold A, Perretta D, Youm T. **Osteomyelitis After Calcium Phosphate Subchondroplasty A Case Report.** *Bull Hosp Jt Dis (2013).* 2017 Dec;75(4):282-285.
10. Guss M, Youm T. **Accelerated Degenerative Joint Disease After Staged Hip Arthroscopy and Periacetabular Osteotomy in a Patient with Hip Dysplasia.** *Bull Hosp Jt Dis (2013).* 2017 May;75(3):220-224.
11. Ramos N, Dold A, Youm T. **Postoperative Considerations Following Hip Arthroscopy.** *JBJS Reviews.* 2017 Jul;5(7):e3.
12. Capogna BM, Shenoy K, Youm T, Stuchin SA. **Tendon Disorders After Total Hip Arthroplasty: Evaluation and Management.** *J Arthroplasty.* 2017 Apr 27.

13. Capogna, BM; Ryan, MK; Begly, JP; Chenard, KE; Mahure, SA; Youm, T. **Clinical Outcomes of Hip Arthroscopy in Patients 60 or Older: A Minimum of 2-Year Follow-up.** *Arthroscopy.* 2016 32(12):2505-2510.
14. Begly, J P; Ryan, M K; Capogna, B; Youm, T. **Clinical Outcomes Following Arthroscopic Microfracture of the Hip.** *Orthopaedic journal of sports medicine.* 2016 Conference:(2016):- [Meeting Abstract]
15. Begly JP, Robins B, Youm T. **Arthroscopic Treatment of Traumatic Hip Dislocation.** *J Am Acad Orthop Surg.* 2016 May;309-17.
16. Lerebours F, Cohn R, Youm T. **Endoscopic Treatment of Gluteus Medius Tears: A Review.** *Bull Hosp Jt Dis.* 2016 Mar;74(1):58-62.
17. Collings J, Beutel B, Bosco J, Strauss E, Youm T, Jazrawi L. **Bone Marrow Edema: Chronic Bone Marrow Lesions of the Knee and the Association with Osteoarthritis.** *Bull Hosp Jt Dis.* 2016 Mar;74(1):24-36.
18. Lerebours F, Robertson W, Neri B, Schulz B, Youm T, Limpisvasti O. **Prevalence of Cam-Type Morphology in Elite Ice Hockey Players.** *Am J Sports Med.* 2016 Apr;44(4):1024-30.
19. Begly JP, Ryan MK, Capogna B, Youm T. **Clinical outcomes following microfracture of the hip.** *Orthopaedic Journal of Sports Medicine.* 2016 Conference:(2016)
20. Chatterjee D, McGee A, Strauss E, Youm T, Jazrawi L. **Reply to letter to the editor: subchondral calcium phosphate is ineffective for bone marrow edema lesions in adult with advanced arthritis.** *Clin Orthop Relat Res.* 2015 Dec;473(12):3978-80.
21. Chatterjee D, McGee A, Strauss E, Youm T, Jazrawi L. **Subchondral Calcium Phosphate is ineffective for Bone Marrow Edema Lesions in adults with Advanced Osteoarthritis.** *Clin Orthop Relat Res.* 2015 Jul;473(7):2334-42.
22. Youm T, Takemoto R, Park BK. **Acute management of shoulder dislocations.** *J Am Acad Orthop Surg.* 2014 Dec;22(12):761-771. Review.
23. Collins JA, Beutel BG, Garofolo G, Youm T. **Correlation of obesity with patient-reported outcomes and complications after hip arthroscopy.** *Arthroscopy.* 2015 Jan;31(1):57-62.

## THOMAS YOUM, M.D.

---

24. Uquillas CA, Youm T. **Ultrasound-Guided Pulse Lavage for Heterotopic Ossification After Prior Hip Arthroscopy: A Case Report.** *JBJS Case Connect.* 2014 Aug 27;4(3):e74-e6
25. Lattanzi R, Petchprapa C, Ascani D, Babb JS, Chu D, Davidovitch R; Youm T, Meislin RJ, Recht MP. **Detection of cartilage damage in femoroacetabular impingement with standardized dGEMRIC at 3T.** *Osteoarthritis & Cartilage.* 2014 Mar;22(3):447-56.
26. Alaia MJ, Patel D, Levy A, Youm T, Bharam S, Meislin R, Bosco J, Davidovitch RI. **The incidence of venous thromboembolism (VTE)—after hip arthroscopy.** *Bull Hosp JtDis (2013).* 2014;72(2):154-8.
27. Ward JP, Shreve MC, Youm T, Strauss EJ. **Ruptures of the distal biceps tendon.** *Bull Hosp JtDis (2013).* 2014;72(1):110-9
28. Beutel BG, Collins JA, Garofolo G, Youm T. **Hip arthroscopy outcomes, complications, and traction safety in patients with prior lower extremity arthroplasty.** *Int Orthop.* 2014 Aug 8.
29. Beck DM, Park BK, Youm T, Wolfson TS. **Arthroscopic treatment of labral tears and concurrent avascular necrosis of the femoral head in young adults.** *Arthroscopy techniques.* 2013;2(4):e367-e371.
30. Collins JA, Ward JP, Youm T. **Is Prophylactic Surgery for Femoroacetabular Impingement Indicated?: A Systematic Review.** *Am J Sports Med.* 2013; Aug 21
31. Capeci CM, Turchiano M, Strauss EJ, Youm T. **Osteochondral allografts: applications in treating articular cartilage defects in the knee.** *Bulletin of the NYU Hospital for Joint Diseases.* 2013;71(1)60-7.
32. Ong C, Hall M, Youm T. **Surgical technique: arthroscopic treatment of heterotopic ossification of the hip after prior hip arthroscopy.** *ClinOrthopRelat Res* 2013 Apr; 471(4): 1277-82.
33. Ward JP, Rogers P, Youm T. **Failed hip arthroscopy: causes and treatment options.** *Orthopedics,* 2012 Jul 1;35(7):612-7.
34. Ward JP, Albert DB, Altman R, Goldstein RY, Cuff G, Youm T. **Are femoral nerve blocks effective for early postoperative pain management after hip arthroscopy.** *Arthroscopy.* 2012 Aug;28(8):1064-9.

## THOMAS YOUM, M.D.

---

35. Jayajumar P, Ramachandran M, Youm T, Achan P. **Arthroscopy of the hip for paediatric and adolescent disorders: Current concepts.** *J Bone Joint Surg Br.* 2012 Mar; 94-B: 290-296.
36. Ruchelsman DE, Hall MP, Youm T. **Osteochondritis dissecans of the capitellum: current concepts.** *Journal of the American Academy of Orthopaedic Surgeons.* 2010 Sep; 18(9): 557-567
37. Kaplan K, Shah MR, Youm T. **Femoroacetabular Impingement: Diagnosis and Treatment.** *Bulletin of the NYU Hospital for Joint Diseases.* 2010; 68(2): 70-5.
38. Youm T, ElAttrache NS, Tibone JE, McGarry MH, Lee TQ. **The effect of the long head of the biceps on glenohumeral kinematics.** *Journal of Shoulder & Elbow Surgery.* 2009; 18: 122.
39. Gruson KI, Ilalov K, Youm T. **A broken scalpel blade tip: an unusual complication of knee arthroscopy.** *Bulletin of the NYU Hospital for Joint Diseases.* 2008; 66: 54.
40. Youm T, Tibone JE, Elattrache NS, McGarry MH, Lee TQ. **Simulated type II superior labral anterior posterior lesions do not alter the path of glenohumeral articulation: A cadaveric biomechanical study.** *American journal of sports medicine.* 2008; 36: 767.
41. Frank JB, Youm T, Meislin RJ, Rokito AS. **Posterolateral corner injuries of the knee.** *Bulletin of the NYU Hospital for Joint Diseases.* 2007; 65: 106.
42. Trygesstad K, Youm T, Koval K. **The orthopedic management of decubitus ulcers around the proximal femur.** *American Journal of Orthopedics.* 2006 Jul; 35(7): 316-21.
43. Youm T, Matthews PV, ElAttrache NS. **Treatment of Spinoglenoid Cysts Associated with Superior Labral Tears without Cyst Aspiration, Debridement, or Excision.** *Arthroscopy.* 2006 May; 22(5): 548-52.
44. Youm T, Murray D, Rokito A, Zuckerman JD. **Arthroscopic vs. Mini-open rotator cuff repair: a comparison of clinical outcomes and patient satisfaction.** *Journal of Shoulder and Elbow Surgery.* 2005 Sep-Oct; 14(5):455-9.
45. Youm T, Maurer SG, Stuchin SA. **Post-operative management after total hip and knee arthroplasty.** *Journal of Arthroplasty.* 2005 Apr; 20(3):322-4.
46. Youm T, Hommen JP, Ong BC, Chen AL. **Os acromiale: evaluation and treatment.** *American Journal of Orthopedics.* 2005 Jun; 34(6):277-283.

## THOMAS YOUM, M.D.

---

47. Youm T, Chen AL. **Discoid lateral meniscus: evaluation and treatment.** *American Journal of Orthopedics.* 2004 May; 33(5):234-8.
48. Pavone V, Youm T, Baldini T, Rimnac C, Wright T, Sculco TP. **Bilateral cobalt alloy femoral component fracture: a case report.** *American Journal of Orthopedics.* 2004 April; 33(4):185-9.
49. Chen AL, Youm T, Ong BC, Rafii M, Rokito AS. **Imaging of the elbow in the overhead throwing athlete.** *American Journal of Sports Medicine.* 2003 qMay-Jun; 31(3):466-73.
50. Youm T, Bosco J. **Clinical Cases: Lateral Discoid Meniscus.** *MedscapeOrthopaedics& Sports Medicine* 7(1) 2003 @ 2003 Medscape.
51. Youm T, Koval KJ, Zuckerman JD. **Effect of previous cerebrovascular accident on outcome after hip fracture.** *Journal of Orthopedic Trauma.* 2000 Jun-Jul; 14(5):329-34.
52. Youm T, Koval KJ, Zuckerman JD. **The economic impact of geriatric hip fractures.** *American Journal of Orthopedics.* 1999 Jul; 28(7):432-8.
53. Youm T, Margiotta M, Kasabian A, Karp N. **Complications of tissue expansion in a public hospital.** *Annals of Plastic Surgery.* 1999 Apr; 42(4):397-401.
54. Youm T, Koval KJ, Kummer FJ, Zuckerman JD. **Do all hip fractures result from a fall?** *American Journal of Orthopedics.* 1999 Mar; 28(3):190-4.
55. Rosenberg AD, Youm T, Koval K, Orbeta R, Soberano T, Hoek EV – Abstract. **The safety of reinfusing unwashed wound drainage in the PACU.** *Anesthesia and Analgesia,* 1998;86:S177.

### **BOOK CHAPTERS**

1. Mullins M, Youm T, Skinner J. **Biomechanics and Joint Replacement of the Hip.** *Basic Orthopaedic Sciences, Second Edition.* 2017. 19: 267-276.

### **PRESENTATIONS**

1. T Youm. **Proximal Hamstring Pearls and Pitfalls: Everything from Arthroscopic Repair to Open Reconstruction.** *Instructional Course Lecture. Annual Meeting of the Arthroscopy Association of North America. Orlando 2019'*

## THOMAS YOUM, M.D.

---

2. D Kaplan, T Youm. **Accuracy of Preoperative MRI and MRA for the Assessment of Acetabular Labral Size in Patients with Femoroacetabular Impingement.** *Poster Presentation. Society of Skeletal Radiology Annual Meeting. Scottsdale, AZ 2019.*
3. B Kester, T Youm. **Four-year Outcomes Following Arthroscopic Microfracture of the Hip.** *Podium Presentation. Annual Meeting of American Academy of Orthopaedic Surgeons. Las Vegas 2019.*
4. A Campbell, T Youm. **The Prevalence and Management of Iliopsoas Tendinitis Following Hip Arthroscopy.** *Poster Presentation. Annual Meeting of American Academy of Orthopaedic Surgeons. Las Vegas 2019.*
5. T Luthringer, T Youm. **Gluteus Maximus Tendon Transfer for Primary Abductor Insufficiency.** *Video Presentation. Annual Meeting of American Academy of Orthopaedic Surgeons. Las Vegas 2019.*
6. T Youm. **Endoscopic Sciatic Nerve Decompression for Deep Gluteal Syndrome: Prone and Supine Approaches.** *Video Presentation. Annual Meeting of the American Academy of Orthopaedic Surgeons. New Orleans, 2018.*
7. T Youm. **Proximal Hamstring Reconstruction with Achilles Allograft and Sciatic Neurolysis.** *Video Presentation. Annual Meeting of the American Academy of Orthopaedic Surgeons. New Orleans, 2018.*
8. T Youm. **Is it the Back or the Hip? Differentiating Lumbar Spine from Hip Pathologies: Key Points of Evaluation and Treatment.** *Instructional Course Lecture.. Annual Meeting of the American Academy of Orthopaedic Surgeons. New Orleans, 2018.*
9. C Burke, T Youm. **Real-Time Assessment of Femoroacetabular Motion Using a Radial Gradient Echo MRI in Routine Clinical Practice: A Feasibility Study.** *Poster Presentation. Annual Meeting of the American Academy of Orthopaedic Surgeons. New Orleans, 2018.*
10. N Eftekhary, T Youm. **A Prospective Evaluation of 3D-MRI versus 3D-CT in the Evaluation of Osseous Anatomy in Femoroacetabular Impingement.** *Podium Presentation. Annual Meeting of the Arthroscopy Association of North America. Chicago 2018.*



## THOMAS YOUM, M.D.

---

11. B Kester, T Youm. **Four-year Outcomes Following Arthroscopic Microfracture of the Hip.** *Rapid Fire Presentation. Eastern Orthopaedic Association's Annual Meeting. Amelia Island, Florida 2018.*
12. B Kester, T Youm. **Four-year Outcomes Following Arthroscopic Microfracture of the Hip: A Matched-Pair Controlled Study – The Size of the Lesion and Femoral Head Damage Influence Prognosis.** *Podium Presentation. Annual Meeting of the International Society for Hip Arthroscopy. Melbourne, Australia 2018.*
13. T Wolfson, T Youm. **Outcome Trends After Hip Arthroscopy for Femoroacetabular Impingement: When Do Patients Get Better?** *Poster Presentation. Annual Meeting of the Arthroscopy Association of North America. Denver 2017.*
14. B Kester, T Youm. **Independent Risk Factors for Revision Surgery or Conversion to THA after Hip Arthroscopy: An Analysis of 3,957 Patients.** *Podium Presentation. Annual Meeting of the Arthroscopy Association of North America. Denver 2017.*
15. S Mahure, T Youm. **Concomitant Lumbar Spine Pathology in Patients Undergoing Hip Arthroscopy: A Matched Cohort Analysis.** *Poster Presentation. Annual Meeting of the American Orthopaedic Society for Sports Medicine. Toronto 2017.*
16. T Youm. **Real-Time Assessment of Femoroacetabular Motion Using Radial Gradient Echo MRI in Routine Clinical Practice: A Feasibility Study.** *Keynote Abstract. Annual Meeting of the International Society for Hip Arthroscopy. Santiago, Chile 2017.*
17. T Youm. **The Prevalence and Pattern of Iliopsoas Tendinitis Following Hip Arthroscopy.** *Poster Presentation. Annual Meeting of the International Society for Hip Arthroscopy. Santiago, Chile 2017.*
18. T Youm. **Clinical Outcome of Hip Arthroscopy in Patients with Inflammatory Disease with Minimum of 2-year Follow-up.** *Poster Presentation. Annual Meeting of the International Society for Hip Arthroscopy. Santiago, Chile 2017.*
19. T Youm. **A Prospective Evaluation of 3D-MRI versus 3D-CT in the Evaluation of Osseous Anatomy in Femoroacetabular Impingement.** *Podium Presentation. Annual Meeting of the International Society for Hip Arthroscopy. Santiago, Chile 2017.*
20. T Youm. **Independent Risk Factors for Revision Surgery or Conversion to THA after Hip Arthroscopy: An Analysis of 3,957 Patients.** *Poster Presentation. Annual Meeting of the American Academy of Orthopaedic Surgeons. San Diego, 2016.*

## THOMAS YOUM, M.D.

---

21. T Youm. **Maximizing Alternative Technology: Twitter, Ibooks, Apps, Web.** *Instructional Course Lecture. Annual Meeting of the International Society for Hip Arthroscopy. San Francisco, 2016.*
22. M Ryan, S Mahure, A Buckland, JP Begly, B Capogna, C Looze, K Chenard, T Wolfson, T Youm. **Concomitant Lumbar Spine Pathology in Patients Undergoing Hip Arthroscopy: A Matched Cohort Analysis.** *Poster Presentation. Annual Meeting of the International Society for Hip Arthroscopy. San Francisco, 2016.*
23. B Capogna, C Looze, M Ryan, JP Begly, K Chenard, T Wolfson, M Hamula, S Mahure, T Youm. **Independent Risk Factors For Poor Outcome After Hip Arthroscopy: Results After Minimum Two-Year Follow-Up in 258 Patients.** *Poster Presentation. Annual Meeting of the International Society for Hip Arthroscopy. San Francisco, 2016.*
24. G Whyte, M Ryan, T Wolfson, M Hamula, K Chenard, B Capogna, JP Begly, C Looze, T Youm. **Preoperative CT Imaging of the Hip Does Not Improve Clinical Outcomes in Patients with Femoroacetabular Impingement Treated with Hip Arthroscopy.** *Poster Presentation. Annual Meeting of the International Society for Hip Arthroscopy. San Francisco, 2016.*
25. T Wolfson, M Ryan, JP Begly, C Looze, B Capogna, M Hamula, K Chenard, S Mahure, T Youm. **Rates and Predictors of Bilateral Hip Arthroscopy: Which Patients Undergo Bilateral Hip Arthroscopy?** *Poster Presentation. Annual Meeting of the International Society for Hip Arthroscopy. San Francisco, 2016.*
26. T Wolfson, M Ryan, C Looze, B Capogna, JP Begly, M Hamula, K Chenard, S Mahure, T Youm. **Outcome Trends After Hip Arthroscopy for Femoroacetabular Impingement: When Do Patients Improve?** *Paper Presentation. Annual Meeting of the International Society for Hip Arthroscopy. San Francisco, 2016.*
27. J Begly, B Capogna, M Ryan, T Youm. **Clinical Outcomes Following Arthroscopic Micro Fracture of the Hip.** *Podium Paper Presentation. Annual Meeting of the American Orthopaedic Society for Sports Medicine. Colorado Springs 2016.*
28. B Capogna, M Ryan, J Begly, K Chenard, T Youm. **Outcomes of Hip Arthroscopy in Patients Over 60.** *Podium Presentation. Annual Meeting of the American Academy of Orthopaedic Surgeons. Orlando 2016.*

## THOMAS YOUM, M.D.

---

29. J Capo, DJ Kaplan, W Ryan, D Fralinger, T Youm. **Repair of a Patellar Chondral Lesion in the Setting of an Increased TT-TG.** *Video Presentation. Annual Meeting of the American Academy of Orthopaedic Surgeons. Orlando 2016.*
30. Lerebours F, Robertson W, Neri B, Schulz B, **Youm T**, Limpisvasti O. **Prevalence of Cam-Type Morphology in Elite Hockey Players.** *Poster Presentation. International Society for Hip Arthroscopy Annual Meeting. Cambridge 2015.*
31. J Begly, M Ryan, B Capogna, K Chenard, T Youm. **Clinical Outcomes Following Arthroscopic Micro Fracture of the Hip.** *Podium Paper Presentation. International Society for Hip Arthroscopy Annual Meeting. Cambridge 2015.*
32. B Capogna, M Ryan, J Begly, K Chenard, T Youm. **Outcomes of Hip Arthroscopy in Patients Over 60.** *Poster Presentation. International Society for Hip Arthroscopy Annual Meeting. Cambridge 2015.*
33. M Ryan, B Capogna, J Begly, K Chenard, T Youm. **Clinical Outcomes of Arthroscopic Decompression of the Anterior Inferior Iliac Spine.** *Poster Presentation. International Society for Hip Arthroscopy Annual Meeting. Cambridge 2015.*
34. M Ryan, S Blackmore, T Youm. **Short-term outcomes of hip arthroscopy: does etiology of pain influence results.** *Poster Presentation. Clinical Orthopaedic Society Annual Meeting. New York City 2015.*
35. N Ben-Eliezer, M Guillemin, A Yoshimoto, KT Block, R Davidovitch, T Youm, R Meislin, M Recht, DK Sodickson, R Lattanzi. **Cartilage assessment in femoroacetabular impingement using Bloch-simulation-based T2 mapping at 3 T: preliminary validation against intra-operative findings.** *Poster Presentation. 23<sup>rd</sup> Scientific Meeting of the International Society for Magnetic Resonance in Medicine (ISMRM). Toronto 2015.*
36. F Lerebours, T Youm. **Endoscopic gluteus medius repair: case presentation and surgical technique.** *Video Presentation. Annual Meeting of the American Academy of Orthopaedic Surgeons. Las Vegas 2015.*
37. S Blackmore, M Ryan, T Youm. **Short-term outcomes of hip arthroscopy: does the location of pain lead to predictable outcomes in hip arthroscopy patients?** *Podium Presentation. Annual Meeting of the International Society for Hip Arthroscopy. Rio De Janeiro, Brazil 2014.*

## THOMAS YOUM, M.D.

---

38. M Ryan, S Blackmore, T Youm. **Short-term outcomes of hip arthroscopy: does etiology of pain influence results.** *Poster Presentation. Annual Meeting of the International Society for Hip Arthroscopy. Rio De Janeiro, Brazil 2014.*
39. B Beutel, J Collins, G Garofolo, T Youm. **Hip arthroscopy outcomes, complications, and traction safety in patients with prior lower-extremity arthroplasty.** *Poster Presentation. Annual Meeting of the International Society for Hip Arthroscopy. Rio De Janeiro, Brazil 2014.*
40. J Collins, T Youm. **Hip Arthroscopy in Obese Patients.** *Poster Presentation. Annual Meeting of the International Society for Hip Arthroscopy. Munich, Germany 2013.*
41. R Lattanzi, C Petchprapa, D Ascani, R Davidovitch, T Youm, R Meislin, M Recht. **Cartilage Assessment in Femoroacetabular Impingement using dGEMRIC with Radial Imaging Planes at 3 Tesla: Preliminary Validation Against Intra-operative Findings.** *Poster Presentation. 20<sup>th</sup> Annual Meeting of ISMRM. Melbourne, Australia 2012.*
42. R Lattanzi, C Petchprapa, D Ascani, R Davidovitch, T Youm, R Meislin, M Recht. **dGEMRIC Effectively Predicts Cartilage Damage Associated with Femoroacetabular Impingement.** *Presentation/Abstract. Annual Meeting of the International Society for Hip Arthroscopy. Boston, MA 2012.*
43. Ong C, Hall M, Youm T. **Treatment of Heterotopic Ossification after Hip Arthroscopy.** *Presentation. Annual Meeting of the International Society for Hip Arthroscopy. Boston, MA 2012.*
44. Alaia, M, Patel D, Levy A, Youm T., Bharam S, Meislin R, Bosco J, Davidovitch R. **The Incidence of Venous Thromboembolism (VTE) after Hip Arthroscopy.** *Podium Presentation. Annual Meeting of the International Society for Hip Arthroscopy. Boston, MA 2012.*
45. Alaia, M, Patel D, Levy A, Youm T., Bharam S, Meislin R, Bosco J, Davidovitch R. **The Incidence of Venous Thromboembolism (VTE) after Hip Arthroscopy.** *Podium Presentation. Annual Meeting of the Arthroscopy Association of North America. Orlando, FL 2012.*
46. Youm T. **Hip Arthroscopy for Femoroacetabular Impingement.** *Grand rounds presentation. State University of New York at Downstate, Brooklyn, NY. Dec 2011.*

## THOMAS YOUM, M.D.

---

47. Youm T, Ward J, Albert D, Altman R, Rosenberg A, Cuff G, Goldstein R. **Femoral Nerve Blocks are Effective for Post-Operative Pain Control after Hip Arthroscopy.** *Podium Presentation. Annual Meeting of the International Society for Hip Arthroscopy. Paris, France. 2011.*
48. Ward J, Albert D, Altman R, Rosenberg A, Cuff G, Goldstein R, Youm T. **Femoral Nerve Blocks are Effective for Post-Operative Pain Control after Hip Arthroscopy.** *Podium Presentation. Annual Meeting of American Academy of Orthopaedic Surgeons. San Francisco, CA 2011.*
49. Youm T, ElAttrache NS, Tibone JE, McGarry M, Lee TQ. **Loading the biceps affects glenohumeral rotational range of motion, translation, and kinematics.** *Poster presentation. Fellows competition at the annual meeting of the Arthroscopy Association of North America. Hollywood, FL 2006.*
50. Youm T, ElAttrache NS, Tibone JE, McGarry M, Lee TQ. **Loading the biceps affects glenohumeral rotational range of motion, translation, and kinematics.** *Podium presentation. Orthopaedic Research Society, Chicago, IL 2006.*
51. Youm T, ElAttrache NS, Tibone JE, McGarry M, Lee TQ. **Type II SLAP Lesions Do Not Alter the Path of Glenohumeral Articulation.** *Poster presentation. Orthopaedic Research Society, Chicago, IL 2006.*
52. Youm T, ElAttrache NS, Tibone JE, McGarry M, Lee TQ. **Loading the biceps affects glenohumeral rotational range of motion, translation, and kinematics.** *Poster presentation. Annual meeting of the American Orthopaedic Society for Sports Medicine, Chicago, IL 2006.*
53. Bosco J, Youm T. **Willingness of patients to pay for anterior cruciate ligament reconstruction.** *Poster presentation. Annual meeting of the American Orthopaedic Society for Sports Medicine, Chicago, IL 2006.*
54. Youm T. **The effect of the long head of the biceps vs. the superior labrum on glenohumeral rotational range of motions, translations, and kinematics.** *Presentation. Kerlan-Jobe Annual Alumni Meeting, Keystone, CO 2005.*
55. Youm T, Murray D, Rokito A, Zuckerman JD. **Outcome and patient satisfaction of arthroscopic rotator cuff repair vs. mini-open rotator cuff repair: medium term**

## THOMAS YOUM, M.D.

---

- follow-up.** *Paper presentation. Annual meeting of the American Academy of Orthopaedic Surgeons, San Francisco, CA, 2004.*
56. Youm T. **Anterior cruciate ligament graft fixation.** *Grand rounds presentation. NYU-Hospital for Joint Diseases Department of Orthopedic Surgery, 2004.*
57. Youm T, Murray D, Rokito A, Zuckerman JD. **Outcome and patient satisfaction of arthroscopic rotator cuff repair vs. mini-open rotator cuff repair: medium term follow-up.** *Poster presentation. Annual meeting of the American Orthopaedic Society for Sports Medicine, Quebec City, Canada 2004.*
58. Youm T, Murray D, Rokito A, Zuckerman JD. **Outcome and patient satisfaction of arthroscopic rotator cuff repair vs. mini-open rotator cuff repair: medium term follow-up.** *Poster presentation. Closed meeting of the American Shoulder and Elbow Society, Chicago, IL 2003.*
59. Liporace F, Youm T, Rose D. **Weight-bearing thigh-foot angle and its relationship to non-contact tears of the ACL.** *Scientific paper presentation. American Orthopaedic Society for Sports Medicine, forum on "Neuromuscular and biomechanical factors in the genesis and prevention of non-contact ACL injuries," Orlando, FL 2002.*
60. Rosenberg AD, Youm T, Koval KJ, Orbeta R, Soberano T, Hoek EV. **The safety of reinfusing unwashed wound drainage in the PACU.** *Poster presentation. Annual meeting of the American Academy of Orthopaedic Surgeons, Anaheim, CA, 1999.*
61. Zuckerman JD, Youm T, Gina Aharanoff, Koval KJ. **The outcome after hip fracture: the effect of stroke.** *Poster presentation. Annual meeting of the American Academy of Orthopaedic Surgeons, Anaheim, CA, 1999.*
62. Youm T, Margiotta M, Kasabian A, Karp N. **Complications of tissue expansion in a public hospital.** *Scientific paper presentation. Northeastern Society of Plastic Surgeons, Newport, RI 1998.*

### **ACTIVITIES**

<b>Board of Directors,</b> NYU 38 <sup>th</sup> St Ambulatory Surgery Center	<b>2012, 2013</b>
<b>AANA Hip Arthroscopy Course,</b> Orthopaedic Learning Center <i>Associate Master Instructor</i>	<b>2012, 2013</b>
<b>Education Committee,</b> NYU Hospital for Joint Diseases	<b>2007-2009</b>

## THOMAS YOUM, M.D.

---

*Member*

**Korean American Medical Practitioners of NY (KAMPANY)** 2006-2007

*Secretary*

**Flushing High School Football, Flushing, NY** 2006-2009

*Team Physician*

**Los Angeles Dodgers, Santo Domingo, Dominican Republic** 2005

*Team Physician*

**Los Angeles Lakers, Los Angeles, CA** 2004-2005

*Team Physician, KJOC Sports Fellowship*

**Los Angeles Sparks, Los Angeles, CA** 2004-2005

*Team Physician, KJOC Sports Fellowship*

**Los Angeles Dodgers, Los Angeles, CA** 2004-2005

*Team Physician, KJOC Sports Fellowship*

**USC Football, Los Angeles, CA** 2004-2005 *Team*

*Physician, KJOC Sports Fellowship*

**Los Angeles Avengers, Los Angeles, CA** 2004-2005

*Team Physician, KJOC Sports Fellowship*

**Los Angeles Galaxy, Los Angeles, CA** 2004-2005

*Team Physician, KJOC Sports Fellowship*

**New York Mets, New York, NY** 2001-2004

*Stadium Physician*

**New York City High School Football, New York, NY** 2000-2004

*Staff Physician*

**Alvin Ailey Dance Theater, New York, NY** 2000-2004

*Staff Physician*

**New York City Marathon, New York, NY** 2000

*Medical Volunteer*

### **ASSOCIATIONS**

**Member**, International Society for Hip Arthroscopy

**Fellow**, American Academy of Orthopaedic Surgeons

## **THOMAS YOUM, M.D.**

---

**Fellow**, American College of Surgeons

**Member**, Arthroscopy Association of North America

**Member**, American Orthopaedic Society for Sports Medicine

**Member**, Medical Society County of New York

**Member**, Korean American Medical Practitioners of NY (KAMPANY)